



E-Bulletin from National Association for Patient Participation Issue Number 108 June 2016

1. Latest N.A.P.P. News

- a. **The Annual Conference “Transforming Services Together:** Transformation, Integration and Federation - What do they mean for Patients?” Whether or not you were able to attend this very lively and successful occasion, you can see and listen to all the keynote speeches, panel questions, Soap Box contributions, Corkill Award winners, final summing up, and “Vox Pop” interviews with delegates [here](#) The PowerPoint slides from the keynote speeches and some of the workshops are also available in the member pages of the Conference pages from the same link.
- b. **PPG Awareness Week:** We know that many PPGs both N.A.P.P. member and others held events, ‘patrolled’ surgery waiting rooms and went out into the community to publicise their own activities, recruit new members and raise the profile of PPGs in general. We would like to hear about your week, in particular about events, successes, increase in membership. What worked well for you? We want to share all your good ideas with everyone else and to provide enhanced support for Awareness Week 2017.

2. RCGP “Put Patients First” Campaign in England, Scotland and Wales

RCGP Chair, Dr Maureen Baker, is pressing NHS England, NHS Scotland and NHS Wales for rapid implementation of a resilience programme to help practices at risk of closure so that no patient risks being displaced by the closure of their local practice in all three NHS he latest campaign news is on our own website [here](#) including this message from the campaign team.

3. Vulnerable practices need more than a quick fix.

[The GP Forward View](#) makes clear that policy makers understand the crucial role of general practice both in keeping the NHS running and in making the changes that will make it sustainable in future. A rescue package sets out the criteria for identifying vulnerable practices, including those with CQC ratings of “inadequate” or “needs improvement”, and those with below average attainment. A freedom of information request in March revealed the scale of the problem: 811 practices, more than 10% of all practices in England, were considered in need of support. Some of these themes are explored in the latest issue of [Commissioning Excellence](#), which covers support for the more than 20% of practices defined as “vulnerable” as well as initiatives to develop the general practice workforce.

4. Integrating health and social care: stepping up the pace

Bringing together health and social care has been a constant and dominant policy theme for many decades, and many places around the country are already demonstrating the potential to do things differently. The Association of Directors of Adult Social Services, Local Government Association, NHS Clinical Commissioners and NHS Confederation have produced a [briefing](#) which aims to translate aspirations into action, describe what a fully integrated, transformed system should look like based on evidence, put this to the test and to ensure they deliver. A related document [Public and Patient Partnerships](#) is also

5. Public perceptions of the NHS

View the results of [an online survey](#) of 1240 adults living in England on their perceptions of the NHS as of June 2016. The survey was commissioned by the British Medical Association.

6. Dawning of the age of Self Care

In an era when more and more prescriptions are being issued for pills and potions for a larger and increasingly older population, Nottingham City is asking the question 'what is the prescription for the future of healthcare'? [The Self Care Pilot](#) launched in the north of the city will be rolled out cross the city. Self care is about empowering people with the confidence and information to look after themselves when they can and to visit health and care professionals when they need to. The pilot involves volunteers, known as "community navigators" who can help direct people to appropriate services.

7. Six principles for engaging people and communities: putting them into practice

This [document](#) published by National Voices, the leading coalition of health and social care charities in England. It advocates person-centred, community-focused approaches to health, wellbeing and care and builds on the proposed new relationship with patients and communities set out in the NHS Five Year Forward View. It is not a checklist or official guidance. It aims to complement a wider range of guidance to be produced by national bodies for the health and care system. This document is useful for anyone engaged in improving and transforming health and care services in England, including patients, carers and the public.

8. Bowel cancer prevention

Bowel cancer, also known as colorectal cancer, is one of the most common cancers, accounting for over 10% of all cancers in England. Every 15 minutes someone is diagnosed with bowel cancer in the UK. Public Health England has published a resource on bowel cancer prevention. It includes [information](#) about the prevalence of the condition, dietary and lifestyle factors that increase the risks of developing it and advice on early detection. Just over half (54%) of bowel cancer cases in the UK are linked to lifestyle risk factors. Diet plays a major role in bowel cancer risk. The evidence has been steadily growing around the risks of eating large amounts of red meat and processed meats, such as sausages, bacon, ham and salami.

9. Community pharmacy needs to stay in the high street

A [paper](#) published by the NHS Alliance calls for more support for England's 11,700 high street pharmacies. Acknowledging moves to move clinical pharmacists into general practice settings, also argues that this must not be at the expense of local pharmacies, which are convenient and accessible. The NHS Alliance brings together clinicians, managers, providers in primary care – whether they be general practice, NHS Trust, social enterprise or independent, and patients

10. Get your N.A.P.P. member password now! The Members' pages of N.A.P.P.'s website contain **key resources available only to affiliated PPGs and CCGs**. To get your PPG's login details, **visit the website, click on Members and use the screen instructions**. We recommend each PPG to have a group email address as the username for the login.

11. Reminders: Please email this bulletin to fellow members promptly. We do not send hard copies of e-bulletins. All bulletins are at <http://www.napp.org.uk/ebulletins.html>

Edith Todd,

Trustee

June 2016